



THE CLUB  
AT THE CLAREMONT

# SEASONS OF DANCE 2023 MASTER SERIES -

A special and unique opportunity to learn from performer, choreographer and a lifetime multicultural dance educator, Lisa Saunders!

More than a collection of lessons, Seasons of Dance Master Series offer a communal learning experience centered around choreography from diverse dance traditions. Participants will immerse in elemental movements, creative dance sequences and dynamic choreography: gaining along the way insights into the role of movement in holistic wellbeing.

## **CELEBRATE SUMMER! Brazilian Dance Workshop**

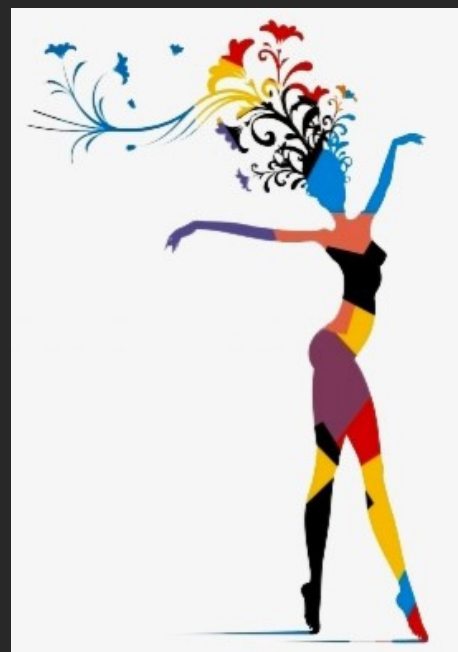
Brazilian Dance Workshop is a skills-based, choreography intensive focused on tension release technique. Tension release movements are at the core of Brazilian orixas dance, so it's little wonder that performers who master this skill, distinguish themselves above the rest!

This workshop takes participants beyond the scope of usual classroom practice, to explore uniquely authentic Brazilian expression through orixas dancing. In addition, there will be plenty of opportunity for your new skills to shine as we explore energetic forces of nature that drive orixas movement and learn a fun, easy-to-do orixas routine.

### **Workshop Content:**

- The Dunham Barre: Where Dancers are Made
- Shimmy & Roll: A Tension Release Study
- Musicality: When You Don't Have A Clue, Take A Cue

You'll come away with a useful new tool that fosters growth and provides greater access to the rejuvenating quality of African dance.



**SATURDAY, JUNE 3RD**  
**3:00PM TO 5:00PM**

**CLUB MEMBERS:**  
\$50/series; \$30/single class

**NON-MEMBERS:**  
\$60/series; \$35/single class

(See back page for additional dates)

Limited spaces.  
Advanced registration required via  
email by 5/26:  
[CLA.Club@Fairmont.com](mailto:CLA.Club@Fairmont.com)



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## Celebrate Autumn! Hawaiian Dance Workshop:

Saturday, September 23rd | 3:00-5:00pm



### About the Instructor

Lisa Saunders is a performer, choreographer and multicultural dance educator whose formal instruction began more than 60 years ago. As though drawn to answer some inexplicable call, Lisa spent most of her formative years on the dance floor speaking the pure language of movement. Her earliest influence outside of dance was her father whose passion for storytelling, family histories and accounts of his ancestors' lives and times paved the way for what would become a lifelong journey. The importance of keeping one's history entwined with Lisa love of dance and the two took root together. Lisa became intrigued with traditional dance forms where peoples' own unique story is centered. In the decades to follow, Lisa pursued studies in the field of ethnomusicology and dance. She holds an MA in Ethnic Dance from Jesus' Name University, conducted field research and immersion studies in Ghanaian Dance (Professor C.K. Ladzekpo, U.C. Berkeley), Afro-Brasilian Dance (Jose Lorenzo, Ballet Folclorico da Bahia) and Polynesian dance (Kumu Hula George Naope, University Hawai'i).

Her career includes service as the co-founding member/principal performer with Berkeley's African Music and Dance Ensemble and San Francisco's Batucaje! Brasilian Dance Troupe. Today, Lisa is the founding executive director of Ethnic Arts Institute International—a 501©3 organization which provides multicultural arts learning experiences to K-12 and postsecondary learners and is Founder/Artistic Director of Hula Manu O'o Polynesian Dance Ensemble: where she presents cultural preservation dance works and seminars to dance professionals in partnership with UNESCO Conseil de Danse International.

Her greatest joy continues to be those magical moments in dance when culture-keeping and storytelling converge.

Purchase your tickets in advance:

[CLA.Club@Fairmont.com](mailto:CLA.Club@Fairmont.com)

Tickets are non-refundable 48-hours prior to workshop.